

# Home Delivered Meals – Colby, Abbotsford, Dorchester, Owen, & Thorp Locations



## To cancel or reserve a meal:


1. Call the ADRC office: 715-743-7117 / Toll Free, 1-866-743-5144
2. Call Owen Senior Center: 715-229-4567
3. Communicate the change to your Home Delivered Meal Driver

**Meal reservations and cancelations are needed by NOON (12PM) one business day in advance.**

**The suggested contribution per meal is \$4.50. Thank you.**

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

<p><b><u>Mon., Aug. 12, 2024</u></b></p> <p>Baked Garlic Parmesan Chicken Mashed Potatoes &amp; Gravy Mixed Veggies Cantaloupe Wheat Bread &amp; Butter Milk</p>	<p><b><u>Tues., Aug. 13, 2024</u></b></p> <p>Steak Sandwich w/Grilled Onions &amp; Red Peppers Wheat Bun &amp; Butter Sweet Potato Wedges BBQ Baked Beans Raspberry Cake Milk</p>	<p><b><u>Wed., Aug. 14, 2024</u></b></p> <p>Spaghetti w/Meat Sauce Carrots Spinach Salad w/Bacon Dressing Apricots Garlic Bread Peach Cobbler Bar Milk</p>	<p><b><u>Thurs., Aug. 15, 2024</u></b></p> <p>Sausage Potato Gratin Bacon Cauliflower Salad Wheat Dinner Roll &amp; Butter Tropical Fruit Milk</p>	<p><b><u>Fri., Aug. 16, 2024</u></b></p> <p>Macaroni &amp; Cheese Green Beans Coleslaw Pears Wheat Bread &amp; Butter Banana Blondie Milk</p>
<p><b><u>Mon., Aug. 19, 2024</u></b></p> <p>BBQ Chicken Breast Parmesan Scalloped Potatoes Broccoli Craisin Salad Mango &amp; Pineapple Wheat Dinner Roll &amp; Butter Blueberry Pie Bar Milk</p>	<p><b><u>Tues., Aug. 20, 2024</u></b></p> <p>Saucy Orange Pork Fillet Roasted TriCut Sweet Potatoes Baked Beans Wheat Bread &amp; Butter No Bake Cookie Milk</p>	<p><b><u>Wed., Aug. 21, 2024</u></b></p> <p>Swiss Steak w/Stewed Tomatoes Mashed Potatoes Summer Citrus Fruit Cup Wheat Bread &amp; Butter Milk</p>	<p><b><u>Thurs., Aug. 22, 2024</u></b></p> <p>Beef Stroganoff over Noodles Mixed Veggies Tossed Salad w/Ranch Dressing Strawberries Rye Bread &amp; Butter Chocolate Chip Cookie Milk</p>	<p><b><u>Fri., Aug. 23, 2024</u></b></p> <p>Crumb Top Pollock Fish w/Tartar Sauce Roasted Ranch Potatoes Honey Dill Carrots Applesauce Wheat Bread &amp; Butter Turtle Cake Milk</p>

<p><b><u>Mon., Aug. 26, 2024</u></b></p> <p>Lasagna Broccoli Mandarin Spinach Salad w/Poppysseed Dressing Garlic Bread &amp; Butter Fruit Cocktail Milk</p>	<p><b><u>Tues., Aug. 27, 2024</u></b></p> <p>Sour Cream Dill Chicken Breast Chuckwagon Corn Mandarin Oranges Wheat Roll &amp; Butter Apple Pie Milk</p>	<p><b><u>Wed., Aug. 28, 2024</u></b></p> <p>Beef Pot Roast Roasted Potatoes Carrots w/Onions Wheat Bread &amp; Butter Strawberry Shortcake Wheat Bread &amp; Butter Milk</p>	<p><b><u>Thurs., Aug. 29, 2024</u></b></p> <p>Spice Rubbed Pork Scalloped Potatoes Squash Fresh Melon Cup Wheat Bread &amp; Butter Banana Split Dessert Milk</p>	<p><b><u>Fri., Aug. 30, 2024</u></b></p> <p>Battered Haddock Bites Roasted Potato Medley Calico Bean Bake Tropical Fruit Wheat Bread &amp; Butter Dream Cookie Milk</p>
<p><b><u>Mon., Sept. 2, 2024</u></b></p> <p>OFFICE CLOSED FOR LABOR DAY</p> 	<p><b><u>Tues., Sept. 3, 2024</u></b></p> <p>Chicken Rotini Bake Diced Carrots Baked Beans Rye Bread &amp; Butter Watermelon Milk</p>	<p><b><u>Wed., Sept. 4, 2024</u></b></p> <p>BBQ Style Ribs Hashbrown Casserole Green Beans Peaches Corn Bread &amp; Butter Black Forest Cheesecake Milk</p>	<p><b><u>Thurs., Sept. 5, 2024</u></b></p> <p>Open Face Hot Beef Sandwich w/Wheat Bread Mashed Potatoes Peas Spinach Salad w/Parmesan Peppercorn Dressing French Silk Dessert Milk</p>	<p><b><u>Fri., Sept. 6, 2024</u></b></p> <p>Cabbage Roll Soup w/ Crackers Tuna Salad Sandwich on Wheat Bread Tomato Slices Pineapple Strawberry Cobbler Bar Milk</p>
<p><b><u>Mon., Sept. 9, 2024</u></b></p> <p>Baked Pork Chop Creamy Sweet Potatoes Mixed Veggies Wheat Bread &amp; Butter Banana Milk</p>	<p><b><u>Tues., Sept. 10, 2024</u></b></p> <p>Roast Turkey Mashed Potatoes &amp; Gravy Green Beans Wheat Bread &amp; Butter Angel Food Cake with Strawberries Milk</p>	<p><b><u>Wed., Sept. 11, 2024</u></b></p> <p>Smoked Sausage Pasta Skillet Carrots Lettuce Salad w/French Dressing Garlic Toast Fresh Fruit Cup Milk</p>	<p><b><u>Thurs., Sept. 12, 2024</u></b></p> <p>Salisbury Steak Mini Baker Potatoes w/Sour Cream Cauliflower Parmesan Salad Pears Ry Bread &amp; Butter Watermelon Cake Milk</p>	<p><b><u>Fri., Sept. 13, 2024</u></b></p> <p>Chicken &amp; Mushroom Gravy w/Rice Broccoli 3 Bean Salad Berry Cup Wheat Bread &amp; Butter Lemon Bar Milk</p>

**Please note: occasionally there may be substitutions to the menu due to shortages from our food distributors.**