

What you should know about:

# Hepatitis A

A highly contagious liver disease caused by a virus spread from person to person. The illness can last for weeks to months.

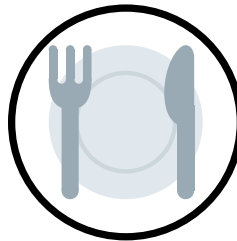
## How is it Spread?



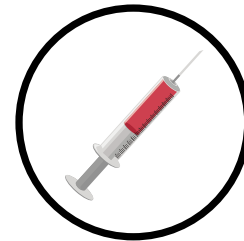
Forgetting to wash your hands after using the bathroom or changing diapers



Having sexual contact with infected partner(s)



Eating or drinking foods contaminated by Hepatitis A

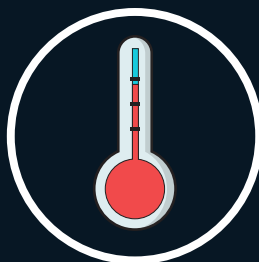


Sharing syringes and drug use equipment

## What are the symptoms?



Nausea, Vomiting, Diarrhea



Fever



Yellowing of the eyes and skin

### Other symptoms include:

- Dark Urine
- Light-colored stools
- Joint pain
- Feeling tired
- Loss of appetite
- Stomach pain

For full protection, two doses of the hepatitis A vaccine are needed.

Anyone can get hepatitis A, but you are at higher risk if you:

- Travel or work in countries where hepatitis A is common
- Live with someone who has hepatitis A
- Use any type of recreational drugs, not just those that are injected
- Are a man who has sexual contact with other men
- Are experiencing homelessness

This vaccine spotlight is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$19,000 by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.



Lo que debe saber sobre:

# Hepatitis A

Enfermedad del hígado muy contagiosa causada por un virus que se transmite de persona a persona. La enfermedad puede durar de semanas a meses.

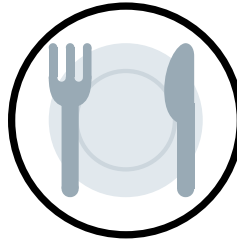
## ¿Cómo se Contagia?



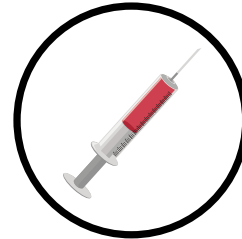
No lavarse las manos después de ir al baño o cambiar pañales



Tener contacto sexual con pareja(s) infectada(s)



Comer o beber alimentos contaminados por la hepatitis A

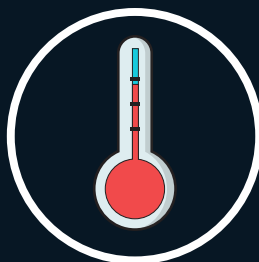


Compartir jeringuillas y material de consumo de drogas

## ¿Cuáles son los Síntomas?



Náuseas, vómitos, diarrea



fiebre



Coloración amarillenta de los ojos y la piel

### Otros síntomas incluyen:

- Orina Oscura
- Heces de color claro
- Dolor en las Articulaciones
- Sensación de cansancio
- Pérdida de apetito
- Dolor de estómago

For full protection, two doses of hepatitis A vaccine are needed.

Cualquiera puede contraer la hepatitis A, pero el riesgo es mayor si:

- Viajar o trabajar en países donde la hepatitis A es común
- Vivir con alguien que tenga hepatitis A
- Consumir cualquier tipo de drogas recreativas, no sólo las inyectables.
- Es un hombre que mantiene relaciones sexuales con otros hombres.
- No tiene hogar

This Vaccine Spotlight is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$19,000 from CDC/HHS. The contents are the responsibility of the authors and do not necessarily represent the official views or endorsement of CDC/HHS or the U.S. Government.

